



**Die Filderklinik**

Wenn's ums Ganze geht.



## Bariatric Surgery

› Certified Center of  
Excellence for Bariatric  
and Metabolic Surgery



# Obesity

## › Successfull treatment

Obesity is a chronic disease with a wide variety of causes. The number of overweight people worldwide is growing rapidly, especially among young people. The resulting secondary diseases, such as type 2 diabetes mellitus, high blood pressure or orthopedic problems are often an additional burden and further restrict those affected.

The primary goal of treating obesity is permanent, sustainable weight loss.

Treatment at the Filderklinik consists of a multimodal program: Nutritional counseling and long-term dietary changes, as well as physical exercise and, if necessary, behavioral modification.

In addition, metabolic surgery may be the only way to achieve sustainable weight loss with a high success rate in morbidly obese patients. It also leads to an improvement in obesity-related comorbidities and reduces the risk of mortality.

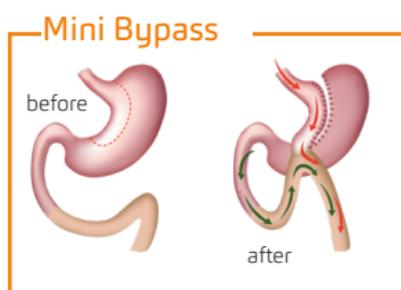
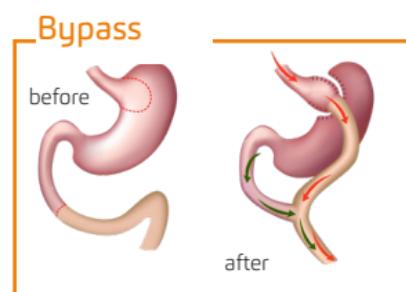


## Weight loss operations

### › Surgical expertise

We offer the entire spectrum of bariatric and metabolic surgery, promising lasting and long-term success:

- Sleeve gastrectomy
- Roux-Y gastric bypass
- Omega-Loop bypass
- Banded sleeve and banded bypass
- Bipartitions (SASI)
- postbariatric reflux and corrective surgery





## What sets us apart

### › Interdisciplinary care

We provide you with expert care before and after your surgery and ensure that our patients have access to the appropriate specialist disciplines whenever they are required, such as diabetology, endocrinology, psychosomatics, plastic surgery, and nutritional counseling. In order to reduce the strain on the body and enable faster recovery, all of the procedures we offer are performed using minimally invasive techniques (keyhole surgery).

We tailor bespoke programs to suit your needs as there is no 'one size fits all' in weight loss. You are the focus of our attention and receive individualized, interdisciplinary care. We take the various physical aspects of the disease into account while also paying attention to your personal well-being. We believe obesity is not a single issue, but the result of interconnected metabolic and emotional factors.

True healing comes from understanding these complexities and supporting the whole person — body, mind and soul — with compassion.

# How to find us

The Filderklinik is located in Filderstadt, in the district of Bonlanden.

## By car:

### From Heilbronn, Karlsruhe:

Take the A8 towards Munich › Exit 52 Stuttgart-Degerloch.  
› Take the B27 towards Tübingen/Reutlingen › Exit Filderstadt-West › Follow the signs to Filderklinik.

### From Munich:

Take the A8 toward Karlsruhe/Heilbronn  
› Exit 52b Filderstadt › B27 toward Tübingen/Reutlingen  
› Exit Filderstadt-West › Follow signs to Filderklinik.

## By public transportation:

Bus stop »Filderklinik«

### › Find your route here:

[www.filderklinik.de/kontakt/anfahrt/](http://www.filderklinik.de/kontakt/anfahrt/)

# We are here for you



## Chief physician

**Prof. Dr. med. Marty Zdichavsky**

Board-Certified General Surgeon,  
Advanced Gastrointestinal (Visceral) Surgery,  
Minimally Invasive Surgery



## Senior physician

**Dr. med. Ute Gunzenhäuser**

Board-Certified General Surgeon,  
Advanced Gastrointestinal (Visceral) Surgery



## Coordinator for Surgery and Bariatric Medicine

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For further information visit [www.filderklinik.de/chirurgie](http://www.filderklinik.de/chirurgie)

**Die Filderklinik** 

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## Netzwerke & Zertifizierungen



**Kompetenzzentrum**  
für Adipositaschirurgie



**Kompetenzzentrum**  
Minimal Invasive Chirurgie



**Kompetenzzentrum**  
für Hernienchirurgie

**AnthroMed®**  
KLINIKNETZWERK

